



## Summer Yoga Retreat Weekend Florence House, Seaford

Florence House has simple, beautiful accommodation in the main house and in the garden rooms. The house has recently been redecorated. There are several options to choose from. Here are a few examples.

Rooms will be allocated on a first come/first served basis. Let me know your preference!



Standard Triple Room with shared bathroom - £465pp **\*Earlybird £430 book by May 30<sup>th</sup> 2025**

Standard Twin/Double with shared bathroom - £495pp or £545 single occupancy  
**\*Earlybird £460 or £510 – book by May 30<sup>th</sup> 2025**

Standard Twin/Double with ensuite - £545pp or single Occupancy £645 **\*Earlybird £510 or £600 – book by May 30<sup>th</sup> 2025**