



## Yoga Retreat Weekend Florence House, Seaford

Florence House has simple, beautiful accommodation in the main house and in the garden rooms. There are several options to choose from. Here are a few examples.

Rooms will be allocated on a first come/first served basis. Let me know your preference!



Standard Triple Room with shared bathroom - £465pp \***Earlybird £430 book by May 31<sup>st</sup> 2026**

Standard Twin/Double with shared bathroom - £495pp or £545 single occupancy  
**\*Earlybird £460 or £510 – book by May 31<sup>st</sup> 2026**

Standard Twin/Double with ensuite - £545pp or single Occupancy £645 **\*Earlybird £510 or £600 – book by May 31<sup>st</sup> 2026**